

# Summer Pool News

SAFETY AND HEAT REMINDERS FOR COMMUNITY RESIDENTS



## REMINDERS FOR RESIDENTS:

### SAFETY

- Across the Houston area, including lifeguarded facilities, drownings have become more frequent. Drowning is preventable and education is key!
- One on one hands on supervision is the first line of defense to protect swimmers from drowning.
- Please stay within arms reach of your non-swimmer at all times. Lifeguards are present for overall facility safety and cannot replace one on one supervision!
- Flotation devices are NOT a substitution for hands on supervision.
- Competent swimmers, teens, and adults can use a buddy system when at the pool to stay safe!

### It is HOT!

- Please be sure to stay hydrated during your visit to the pool.
- Frequent shade and water breaks are highly recommended.
- At this time of year, the pool water can be quite warm and does not help the body stay cool.

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